

























































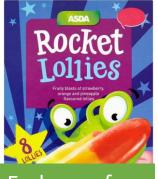
Exchange free

























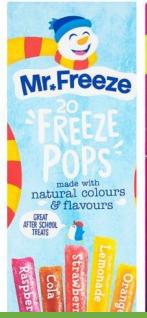












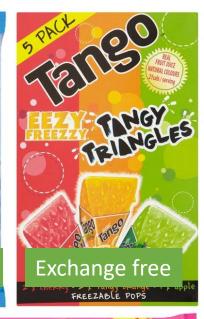
Exchange free

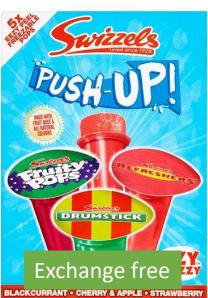


















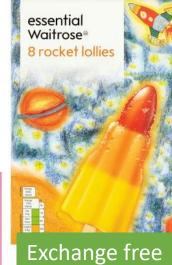




























Tesco Neapolitan Chocolate Sandwich 1 = 1.5 PKU exchange



Tesco Bubblegum Lollies 1 = 1 PKU exchange

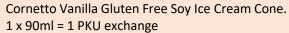


The Coconut Collaborative Mango Dipped Snowconut 1 = 1 PKU exchange



Asda Bubblegum Lollies 1 = 1 PKU exchange







Magnum Vegan Classic Ice Cream 1 x 90ml = 1 PKU exchange



Skittles Ice Cream Stick Lollies 1 x 100 ml = 1.5 PKU exchange



Iceland Wafer Sandwiches 1 = 1.5 PKU exchanges



Iceland Mini Strawberry Vienna 1 =1 PKU exchange



Iceland Mini Vienna 1 = 1 PKU exchange



ASDA Unicorn Ice Cream Lollies 1 = 1 PKU exchange



Solero Exotic Ice Lollies 1 x 90 ml = 1 PKU exchange



71g = 1 PKU exchange



59g = 1 PKU exchange



63g = 1 PKU exchange



100 ml (1/5 th tub = 1 PKU exchange



100g = 1 PKU exchange



Alpro 360 Mango Passionfruit Ice Cream 48g = 1 exchange PKU



Alpro 360 Caramel Macchiato Ice Cream 48g = 1 exchange PKU



Alpro 360 Velvety Chocolate Ice Cream 46g = 1 exchange PKU



Alpro almond salted caramel 125g = 1 exchange PKU



Alpro hazelnut chocolate 125g = 1 exchange PKU



100g = 1 PKU exchange



67g = 1 PKU exchange



1 stick = 0.5 PKU exchange



1 cone = 1.5 PKU exchange









77g = 1 PKU exchange























Exchange free









Exchange free



Exchange free















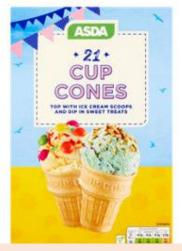












*21 *
CORNETS
TOP WITH ICE CREAM SCOOPS AND DIP IN RAINBOW SPRINKLES

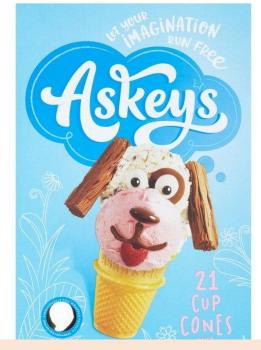
**CORE = 0.3g protein

1 cone = 0.5 PKU exchange

1 cone = 0.3g protein 1 cone = exchange free 2 cones = 0.5 PKU exchange



1 cone = 0.3g protein 1 cone = exchange free 2 cones = 0.5 PKU exchange



1 cone = 0.5 PKU exchange



1 cone = 0.5 PKU exchange



2 wafers = 0.5 PKU exchange



2 wafers = 0.5 PKU exchange



1 cone = 0.5 PKU exchange



1 fan = 0.5 PKU exchange

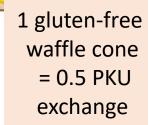


1 double wafer = 0.5 PKU exchange



1 cone = 0.3g protein 1 cone = exchange free 2 cones = 0.5 PKU exchange





Barkat 🐼

Waffle Cones

Ice Cream



1 basket = 0.5 PKU exchange



2 wafers = exchange free 4 wafers = 0.5 PKU exchange



1 double fan = 0.5 PKU exchange































